HALDIMAND AND NORFOLK HEALTH AND SOCIAL SERVICES

# **VISION SCREENING**

#### WHY?

- Approximately 1 in 4 school age children may have vision problems
- Children need healthy eyes to learn, read and stay safe
- Vision screenings are mandatory for students in Senior Kindergarten (SK) under the Ontario Public Health Standards

#### **WHO?**

- All SK students will receive vision screening
- Vision screenings are conducted by trained Lions Club volunteers

**IMPORTANT:** If you wish to opt out of vision screening for your child please go to **www.hnhu.org/school-screening** or call 519-426-6170 ext. 3285 no later than

### WHAT?

- Vision screening consists of three easy eye tests to identify risk factors for eye disorders such as:
  - Lazy eye
  - Eye turn
  - Nearsightedness and farsightedness
- The vision screening takes about 15 minutes to complete
- Your child will bring home a letter with their results in their backpack
- This vision screening does not replace your child's regular checkup with your eye doctor or family doctor. Your child should still receive a full eye exam by an eye doctor. Children can receive a yearly eye exam, free of charge until the age of 19.

## WHERE?

- Vision screening will take place at your child's school during school hours
- Alternatively, you may take your child to an eye doctor for a free eye exam

If you have any concerns with your child's eye health, please contact your eye doctor or family doctor. You do not have to wait for the school screening visit. If you do not have an eye doctor, please visit findaneyedoctor.ca to find one near you.



# **Vision Screening Study**

Researchers from the University of Waterloo, School of Optometry and Vision Science are looking into parent/guardian follow up to vision screening recommendations.

Participation is completely voluntary and is independent from the vision screening program offered. If you are interested in learning more about the study or to participate, please scan the QR code displayed.



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